

Help for PARENTS AND CARERS this October half-term

Finding it hard to keep on top of rising living costs?

There is support available to help with family costs as well as:

ENERGY COSTS

MONEY AND DEBT

HOUSING COSTS

FOOD COSTS

Find out more by visiting our Haringey, Here to Help webpages or calling our Financial Support Helpline today:



haringey.gov.uk/HereToHelp



020 8489 4431

Free School Meals (FSM)

If your child is eligible for statutory FSM, or the council's extended eligibility criteria, you will receive a £15 voucher from your child's school. This can be used at a range of supermarkets to help pay for food during the October half-term.



Haringey Warm Welcome

There is a network of inclusive, warm, and welcoming spaces across Haringey where you can go, grab a cup of tea, and meet new people.



haringey.gov.uk/WarmWelcome

Half Term Fun

There are lots of free and low-cost activities, courses, and events happening across the borough for children and young people this October half-term.



haringey.gov.uk/holiday-fun