

## Newsletter 30th April 2021 Issue 65 News, information and events from Alexandra Primary School

## Our value of the month is Humility

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### COLLECTING CHILDREN AFTER SCHOOL

From **Tuesday 4th May**, we are changing the arrangements for how you collect your children from school.

Children in years 1 - 6 will be collected from the **main playground.** To facilitate this, we will be opening the **Job Centre Gate** and the **Main Gate** at **3:10.** Parents can enter and exit the school site through either of these gates.

Collection points will be:-

- Years 2,3 & 4; next to the basketball court, in front of the main building
- Years 5 & 6; opposite the shelter in front of the EYFS building
- Year 1; will be dismissed from the doors into the EYFS building to parents waiting outside

Parents collecting children in **reception** will enter the site through the double middle gates; children will be lined up in the **EYFS playground** for collection.

Nursery children will continue to be dismissed through the nursery gate.

We ask that when collecting children, **parents continue to wear masks** when coming onto the school site. This will not be an opportunity for families to meet with teachers as we need to continue with social distancing to help keep all in the community safe.

All gates will be locked at **3:20**, so the site must be cleared by this time. Once you have collected your child we ask you to vacate the school site promptly.

### **SCHOOL APP**

Have you downloaded 'OurSchoolsApp'?

It is a free app which allows us to keep you updated with information, news, calendar events & contact information.

To download for Android & iPhone, visit the APP store, download 'OurSchoolsApp' and type the school's postcode to find the school.

### ONLINE SAFETY

Safeguarding both adults and children is about preventing the risk of harm from abuse or exploitation or having the ability to reduce it by raising awareness and supporting people in making informed decisions.

Online abuse is a major area of concern and cyber-enabled abuse and bullying is inescapable. The PDSC (Police Digital Security Centre) aims to keep individuals, and their children, safe online. They have partnered with ChildSafeVPN and are delighted to share their advice and infographics, please click the link below to read more and download the information posters;

https://www.policedsc.com/security-advice/safeguarding



\*ourschoolsapp

### **SPRING STRIDE**

We are excited to announce that Alexandra Primary School will be taking part in the first ever, 'Spring Stride' competition. The event will run from 4<sup>th</sup> May – 28<sup>th</sup> May. The aim is to engage children and families with regular physical activity, which is so important at all times, but particularly after the past 14 months, which have been challenging for everyone.

During lockdown, opportunities for exercise were drastically reduced for all. In response to this Haringey has invited local primary schools to take part in this exciting initiative.

As part of the event, we will be raising the profile of physical activity around the school by:

- Being visited by coaches from Tottenham Hotspur Football Club who will provide half a day's football based exercise sessions
- Providing additional exercise opportunities during the school day
- Promoting a series of interactive health awareness workshops
- Asking children to record the physical activity they have taken part in and the physical and mental health benefits these may provide
- Asking families to encourage physical activity outside of school

There are prizes available for the most engaged schools', but more than anything we hope everyone is able to have fun and get active to help promote physical and mental wellbeing.

### **EID AL-FITR**

This year the Muslim celebration of Eid al-Fitr will be on or around Wednesday 12th May.

Eid al-Fitr,"Festival of Breaking the Fast", is a religious holiday celebrated by Muslims worldwide that marks the end of the month long dawn-to-sunset fasting of Ramadan.

We at Alexandra Primary School would like to say Eid Mubarak to all the families celebrating this very special day.

# Eid Mubarak, wishing you and your loved ones a blessed Eid!

### WALK TO SCHOOL WEEK

We will be participating in Walk to School Week, 17th - 21st May, at Alexandra Primary this year.

The challenge will focus on the walking superpowers that benefit individuals, communities and the planet. Each pupil will be challenged to **travel sustainably (walk, scooter, cycle or Park and Stride) to school every day for one week** using a fun and interactive wallchart and stickers to log their journeys.

Walking has so many benefits from physical to mental wellbeing; aiding concentration and creativity and creating safer, less polluted and more welcoming streets. All that makes for a happy, healthy child set up for success in and out of the classroom.

It also helps children work towards their daily recommended minimum 60 minutes of daily physical activity by just going to and from school.

### MENTAL HEALTH AWARENESS WEEK

Mental Health Awareness Week, 10<sup>th</sup>-16<sup>th</sup> May, has a theme of Connect with Nature. During the week we will focus on three aspects: Experience Nature, Share Nature & Talk about Nature.

Your children will be learning how interacting with nature can be a calming experience that can positively affect their mental health. Activities will include using nature sounds to enrich our mindfulness practise and there will also be fun activities sent home to encourage families to get out and interact with the natural world in their local area.

Manjit Dulay & John Coggin **Leadership Team** 



### **KEY DATES**

### **Summer Term 2021**

Monday 3rd May Bank Holiday school closed

4th - 28th May Spring Stride Competition

WC 10th May Mental Health Awareness Week

Wednesday 12th May Fid

WC 17th May Walk to School Week & Families Week

> Friday 28th May End of Summer 1

Monday 31st May -Friday 4th June Half Term School Closed

Monday 7th June INSET School closed

Tuesday 8th June Children return to school

> WC 14th June Refugee Week

Tuesday 22nd June Windrush Day

Friday 25th June Class Photographs

WC 28th June Health, Fun & Fitness Week

> Friday 23rd July End of Term

Monday 26th July -Tuesday 31st August Summer Holiday School closed

## Autumn Term 2021

Wednesday 1st
September

Thursday 2nd
September
Children return to school

Friday 22nd October End of Autumn 1

