

Remember what's important!
Be together, play together, talk
together.

A challenge a day
Week 16

19th October 2020

Inspired by Autumn

Talk about the changing colours



Observe the large circles of leaves dropped
at the base of trees



Play in the leaves



Collect and give a bouquet of
Autumn leaves

Sensory leaf play

<https://www.melissaanddoug.com/blogpost/?postId=sensory-benefits-of-leaf-play>

Idea and leaves courtesy of Ladybird Montessori-
Forest School



Why not try some Land Art

Let your child be the artist – try not to overly script their creativity. If you're getting all excited about it and are running the risk of taking over, do your own. Children love to see their adults creating for the fun of it.

Take a photo of it before you leave it to the elements. Leaving the work there for the place to reclaim is part of the project.

It begs the questions, what forces of nature will work upon it after we leave? How might creatures make use of it? How will the elements reshape it? What might we find here after a day, month, or season has passed?

Send us your photos!



Tim Pugh



Richard Shilling



<http://www.landartforkids.com/>



Secret code

Materials needed:

Water, lemon juice, cotton bud, white paper & a heat source like a torch or table lamp

Directions:

Mix the water and lemon juice. Dip the cotton bud into the mixture and write your message onto the white paper. Wait for the juice to dry so it becomes completely invisible. To read the secret message, heat the paper by holding it close to a light bulb.

How does this work?

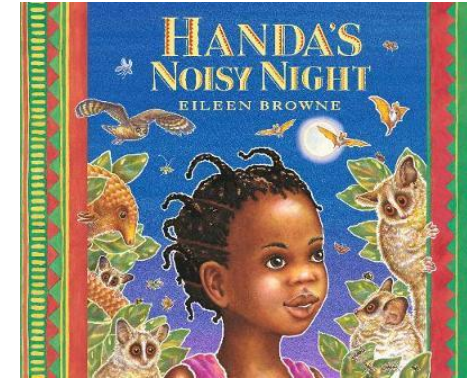
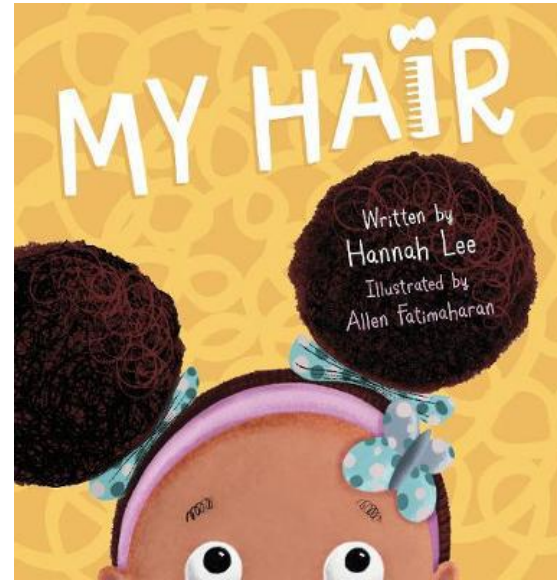
Lemon juice is acidic, and acids undergo a chemical reaction (oxidize) when heated. When placed near a source of heat, the lemon juice oxidizes and turns brown, and so the message is revealed.



What's in the bag?

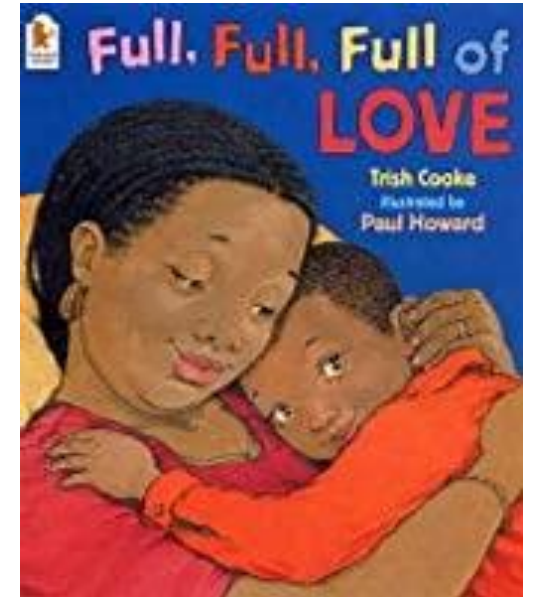
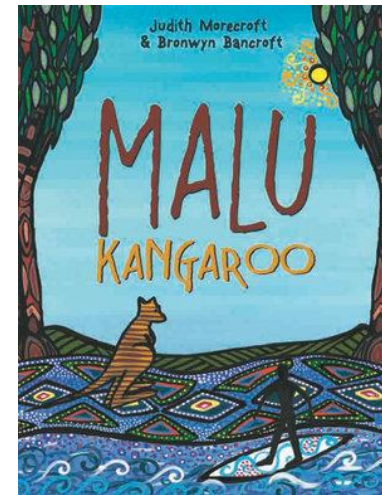
- A great guessing game for younger children to play with everyday objects from around the house or garden.
- Put a few things in a bag/box or pillow case
- Sing to the tune of Old Mc Donald had a farm
What's in the bag?
What's in the bag
E I E I what's in the bag?
- Let your child reach into the bag and choose an object.
- Encourage them to feel it, roll it in their hands, and imagine what it might be.
- Ask them to guess before pulling it out
- For the older child turn it into a descriptive game – they have to describe the object so the other players can guess what it is. Take turns at describing and guessing





Enjoy story time at home, with stories read by Haringey library staff. All books are black history and culture themed, or written by black authors. Click on the links below

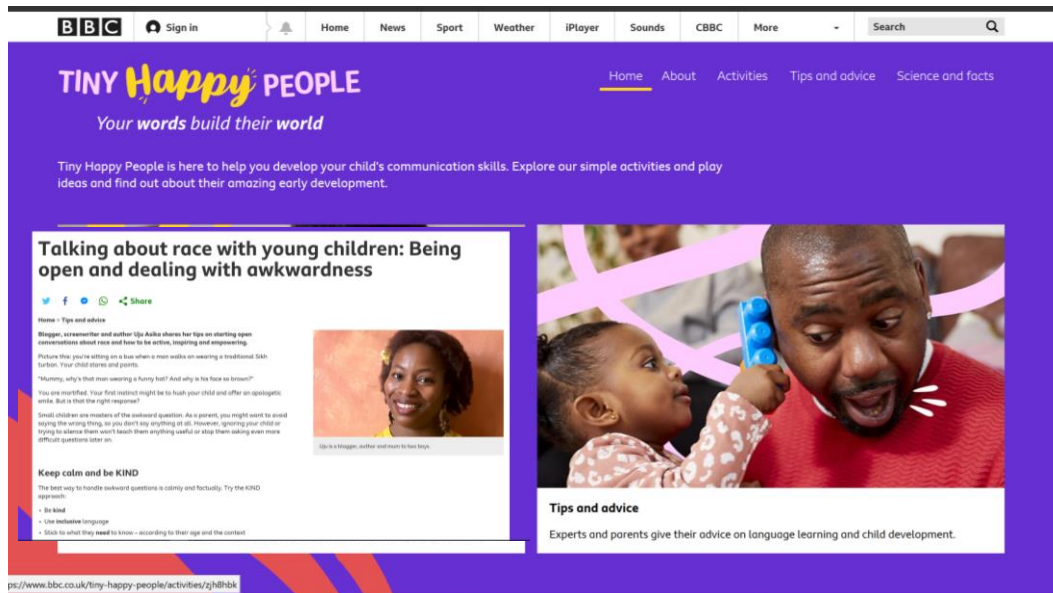
- [Full, full, full of love by Trish Cooke](#)
- [Sing to the moon by Nansubuga Isdahl and Sandra Van Doorn](#)
- [Handa's Noisy Night by Eileen Browne](#)
- [Malu Kangaroo by Judith Morecroft and Bronwyn Bancroft](#)
- [My hair by Hannah Lee](#)



• Places to go

- **Children's Storytime: African Caribbean folktales with Wendy Shearer**
Friday 30 October 2020, 11am to 12noon
Venue: Marcus Garvey Library, 1 Philip Lane, N15 4JA
- Join author and storyteller Wendy Shearer, a professional storyteller, as she tells African Caribbean folktales inspired by her heritage, and a childhood filled with written and oral stories passed down from her grandmother. This event is aimed at families and children aged 5 to 11yrs.
- Advance bookings will be required, please email libraries@haringey.gov.uk to reserve your place.

• Useful links



[Tiny Happy People](#)

Support for parents, including activity ideas for children aged 0-4 that will help parents develop their child's communication skills.

[Talking to your child about race and racism](#)

Blogger, screenwriter and author Uju Asika shares her tips on starting open conversations about race and how to be active, inspiring and empowering.

Frieze Sculpture's outdoor art has taken over Regent's Park again And this year you can see it online as well as IRL
Frieze Sculpture will run Oct 5-18 in Regent's Park. Full information is available at www.frieze.com.

Sarah Lucas,
Sandwich, 2011 -
2020, Concrete,
Sadie Coles HQ,
Frieze Sculpture
2020.
Photo by Stephen
White. Courtesy
of Stephen
White/Frieze.



Timeout

<https://www.timeout.com/london/news/frieze-sculptures-outdoor-art-has-taken-over-regents-park-again-100720>

Nature, Touch & Resistance: Frieze Sculpture
in an Exceptional Time <https://www.frieze.com/video/nature-touch-resistance-frieze-sculpture-exceptional-time>