

We are still looking at a very important subject: food!

Which foods were the most important to the Mayans and why?

- ☐ Maize or corn
- ☐ Potatoes
- ☐ Chocolate
- ☐ Salt
- ☐ Chicken

How do we know that maize and chocolate were so important to the Mayans?



Because of primary sources, such as this sculpture of the maize god (Hun Hunahpu) that comes from Mayan times.

What is a primary source?

Activity One

Why were maize and chocolate so important to the Mayans?

Research some facts. Did you know Maize formed up to 80% of the Mayan diet? Chocolate also has a religious connections, what were they?

<https://chocolateclass.wordpress.com/2015/02/20/chocolate-in-mayan-and-aztec-religion/>

<https://www.bbc.co.uk/bitesize/articles/zngsqp3>

<https://chocolateclass.wordpress.com/tag/corn/>

Activity Two

Let's debate. What was more important maize or chocolate? Why?
Can you back up your arguments?

Use your persuasive writing skills from Literacy to persuade the reader why the food you've selected is most important or loved.

Challenge

If you feel there is an obvious answer, for example maize is more important. Debate chocolate is and push yourself and debating skills.

Activity Three

Present your research to a member of your household. Use expression, tone, inflection and gestures to engage them. State your facts and then tell them you will now explain why maize/chocolate is more important or loved. Will you persuade them? Will they ask you any questions? Perhaps they disagree. If so, let the debating commence!