



Article 14 – Freedom of thought, belief and religion.

Every child has the right to think and believe what they choose and also to practise their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights and responsibilities of parents to guide their child as they grow up.



In your work books, write date, title and draw the thought bubble. Write your ideas all around it.

What needs to happen for you to have your thoughts and beliefs respected?



HOW MANY OF THESE DID YOU GET?

- You have opportunities to have your views listened to and valued
- Your food choices are respected
- People have the time and space to pray or reflect
- There is an opportunity to celebrate special times or festivals
- You have a variety of uniform options to reflect beliefs
- Everyone is encouraged to respect each other's viewpoints
- It is an inclusive environment where everyone feels welcome
- Can you think of any others?

You can choose one activity or do all of them (if you would like to) in your work book.

ACTIVITY TIME

All these activities are related to...



You don't need to do every single activity but if you have time you can do more than one.

Thoughts and beliefs are usually really important to people. Write down some things you believe in strongly. Share these with your family or discuss them with your friends.

Food choices are really important to some people. Find out about the food rules of veganism or a specific religion. If you have the ingredients at home, why don't you have a go at making a dish with your family? Watch [this video](#) from the BBC and its humorous exploration of food and religion.



List as many religions as you can think of. Do you know what symbols are linked with these religions? Have a go at drawing them if you can.



Why do you think religious buildings are important? Think of and draw a building that is important to you or make a sculpture of one of these buildings using things you can find around the house (old cereal boxes, empty toilet roll etc.). This could be a religious building like a church or a temple, or even a school or a library. Write a sentence or two about why this building is important to you.

Are you still respecting yours and other's rights whilst you're at home?

How can you make sure your and other's opinions are heard and valued?

#weareinthistogether

#teamwork