

Eid Mubarak to all of our students and families who be celebrating the end of Ramadan this week!

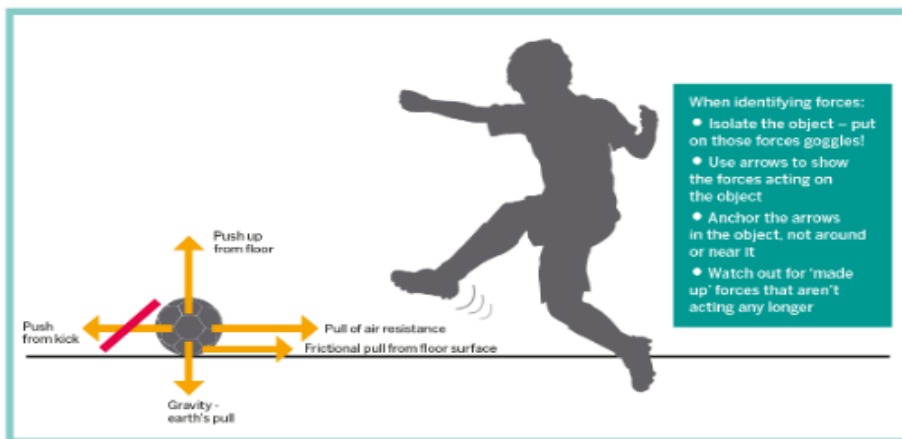
Writing

Below are three writing activities for you to do this week. Make sure you write at least a page for each piece.

This week is based on: *A topic we have covered in our science*



lessons...forces!



Activity 1

Write a definition and draw a labelled diagram for each of the following forces. Remember to include:

- Formal language.
- Bullet points
- Captions and a 4cm x 4cm box for

- Push
- Pull
- Gravity
- Air resistance
- Magnetic resistance
- Water resistance

Example:

<ul style="list-style-type: none"> • Push 	<p><i>A push is when force is exerted that results in an object moving away from our bodies.</i></p>
<p>4 cm</p>	<p><i>An example of this in action is...</i></p>

Activity 2

Write a character description of this alien who lives on a planet with no gravity.

You should include:

- Third person
- Similes
- Metaphors

Paragraph 1: A description of the alien's appearance

Paragraph 2: A description of the alien's movements

Paragraph 3: A description of the alien's character

Example:

Alan the alien, who lives on a planet with zero gravity just to the left of Venus, is not your everyday space being. He has three friendly eyes, each as round as _____. Alan's skin is an elastic band and can stretch to fit into the smallest of spaces. His hands are webbed and can cling on to surfaces as if he were a _____. Not only does Alan's antennae allow him to read people's minds, it is also a warning system turning red when Alan is feeling _____.

Activity 3

Write an instructional text informing someone what they should do to sprint effectively.

Remember to include:

- Present tense
- Time connectives
- Technical terminology (push, pull air resistance)

TIME CONNECTIVES

BEGIN WITH	MOVE TIME ON		TO END WITH	FOR SURPRISE
firstly	next	afterwards	at last	suddenly
this morning	secondly	a few minutes later	finally	without warning
it all began	after that	a moment later	in the end	all of a sudden
to begin	then	before long	eventually	in the blink of an eye
first of all	later on	at that point	at the end of the day	within seconds
initially	as time passed	after a while	to end the day	out of nowhere

Example

Finally, you are warmed up, wearing the right clothes and _____. Now, you are ready to race but what kind of movements should your different body parts be making in order for you to _____?

Firstly, you will need to make sure that your legs are _____. Secondly, you should ensure that your arms are _____. Initially, you will be running in an upright position but before long your body position should shift and you will need to be leaning _____. This will allow you to use your body weight help _____. Finally, your eyes should be _____. This will help to focus you and may even improve your overall speed by up to 26 percent.

In the blink of an eye the race will almost be over, however there are still a few things you can do in order to _____ your speed. At this point you should be taking _____, _____ strides with your legs. This way you will be

covering the ___ ground with each stride. The race is over when you _____ so at that point, make sure you remember to dip so that your upper body crosses the line _____ your legs do. This tip may just give you the edge over your competitors so try to remember it during the excitement of the race _____, the race will be over however you should not stop running yet. Always make sure you do not start to _____ until you are passed the finishing line. You will be tired but if you want to record your best time _____.