



Hello everyone ☺ I'm noticing on my daily walk and looking out of my window how all of the trees are bursting into life. They look so green and beautiful. Have you noticed that too? For Nursery home learning this week we will look at the rhyme, Miss Polly had a Dolly. Here are some ideas that you can do over the week. Remember you don't need to do them all. Bye for now ☺

Miss Polly had a Dolly

Miss Polly had a dolly who was sick, sick, sick.
So she phoned for the doctor to come quick, quick, quick.
The doctor came with his bag and his hat,
And knocked at the door with a rat-a-tat-tat.



He looked at the dolly and shook his head,
And said to Miss Polly 'put her straight to bed.'
He wrote a prescription for a pill, pill, pill.
I'll be back in the morning with the bill, bill, bill.



10 little monkeys

Ten little monkeys jumping on the bed,
One fell off and bumped his head,
Mummy called the doctor and the doctor said,
"No more monkeys jumping on the bed!"

Nine little monkeys jumping on the bed,
One fell off and bumped his head,
Mummy called the doctor and the doctor said,
"No more monkeys jumping on the bed!"

Eight little monkeys,
Seven little monkeys,
Six, Five, Four, Three, Two, One little monkey.

10 in a bed

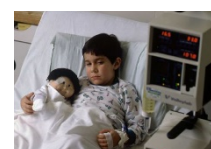
There were ten in the bed
And the little one said,
"Roll over! Roll over!"
So they all rolled over and
One fell out. Ouch!

There were nine in the bed
And the little one said,
"Roll over! Roll over!"
So they all rolled over
And one fell out. Ouch!

There were eight in the bed,
There were seven in the bed,
Six, Five, Four, Three, Two, There was one in the bed.

Personal, Social and Emotional Development

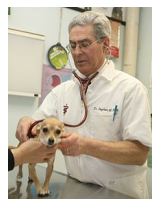
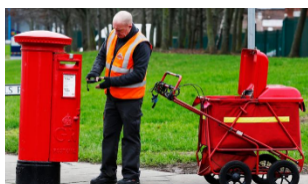
Ideas to work with and support your child- Talk with your child about caring for others and their experiences of being ill. Talk about if someone was sick what would you do? How would you look after them? What would you give them? Where could you go if you were very sick? Talk about the role of doctors, nurses and paramedics. Where do they work? Make a fruit salad- talk about the importance of healthy foods for our bodies and using tools safely when cutting the fruits. Talk about what we do to care for ourselves and the things that we do every day such as brushing our teeth, brushing our hair and taking a bath or shower.



<h2>Communication and Language</h2>	<p>Ideas to work with and support your child- Everyday, encourage your child to feed themselves using a spoon, fork and knife when eating their dinner. Encourage them to pour water for themselves using a jug or turning on the taps. Everyday talk with your child about the book that you share together-talk about the pictures, who the characters are, what happens in the story or what they think will happen next, what they liked or did not like about the story. Order the rhyme Miss Polly had a dolly- what happens first, next, after, last. Invite the children to talk about it and draw pictures.</p> <div data-bbox="632 405 724 539"></div> <div data-bbox="831 409 960 539"></div> <div data-bbox="1074 405 1203 533"></div> <div data-bbox="1326 409 1402 533"></div>
<h2>Physical Development</h2>	<p>Ideas to work with and support your child- Wash dolls and dolls clothes or other toys using hands and equipment such as nail scrubbers or flannels. During the week talk about the importance of exercise and the effects of exercise on their bodies. If you have an outdoor space or when you go out for your daily exercise try different types of exercises every day- running safely, jogging, marching, hopping, skipping. If it's possible- use a large ball to kick, chase and catch it, kick the ball to a family member and receive it as well as throwing and catching the ball on their own or with a family member. Play the game, Simon Says- Simon says wash your hands, Simon says brush your teeth etc.</p> <div data-bbox="1091 860 1254 1021"></div> <div data-bbox="1323 860 1482 1021"></div>
<h2>Literacy</h2>	<p>Ideas to work with and support your child- Reading- Read with your child every day and sing nursery rhymes.</p> <p>Writing- Everyday encourage your child to write their name. Begin with a capital letter and then lower case letters for the rest of the name. Practice letter formation using the Read Write Inc font. Draw fruit and vegetable templates and encourage your child to draw shapes and patterns within it. Make a doll template and ask your child design clothes. Encourage your child to draw different fruits and vegetables or items from Miss Polly had a dolly rhyme such as a doll, doctor, telephone or a house. Make a get well cards for Miss Polly's dolly. Make Miss Polly finger puppets by gluing two pieces of paper together and use to retell the rhyme. Dress dolls and other toys that your child has. Make soft dough and with the dough make dolls, beds, teddy bears and other objects around Miss Polly and foods to keep us healthy. Remember making marks can be done in different ways such as in sand, salt, sugar, pulses, in water with brushes, with paint as well as with paper and pencils.</p> <div data-bbox="844 1554 925 1693"></div> <div data-bbox="967 1554 1046 1693"></div> <div data-bbox="1094 1554 1240 1693"></div> <div data-bbox="1265 1554 1498 1693"></div>
<h2>Mathematical Development</h2>	<p>Ideas to work with and support your child- Chant the '10 monkey's jumping on the bed' and 'There were 10 in the bed' rhymes and encourage your child to show the corresponding number of fingers. Find different ways of making 8, 7, 6, 5, 4, 3 and 2 using their fingers. Encourage your child to count their fingers each time to make sure that it adds up to the right number. With fruits or vegetables that you have, encourage your child to sort then according to shape, size or colour. They could do this with their toys. Talk with your child which is the biggest, smallest, longest, shortest or other reasons for their sorts.</p> <div data-bbox="1015 1995 1506 2107"></div>

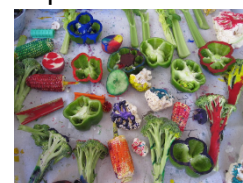
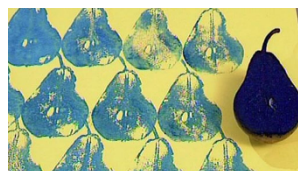
Understanding the World

Ideas to work with and support your child- Use different construction materials to create and design different houses and homes. Talk about and draw foods that keep us healthy and foods that are unhealthy. Talk about why certain foods are healthy and why some foods are unhealthy if we eat too much of them. Talk about other people who help us in the community such as dentists, post people, police officers, shop workers and many others. Talk about what their job is and how they help people.



Expressive Arts and Design

Ideas to work with and support your child- Observational drawings of fruit and vegetables-cut open the fruit/vegetable and look at and talk about the different patterns, different elements such as the skin, the soft flesh, the segments, any stones or pips and the centre. Fruit or vegetable printing using paints. Set up a doctor's or vets surgery in the bedroom or in the living room where you can care for poorly dolls and pets.



Playing the game Simon Says

A game for 2 or more players

Choose one person to be Simon. Simon tells players what they must do. The players must only obey commands that begin with the words '**Simon Says**'. If Simon says, '**Simon says** touch your head,' then all players must touch their head. But, if Simon simply says, 'jump', without first saying '**Simon says**,' players must stand still and not jump. Carry on with other commands, such as '**Simon says** stand on one leg,' '**Simon says** brush your teeth.' Remember to keep including commands without saying '**Simon says**' to see if they are listening and following the commands. Have fun.

Please use the Read Write Inc font to help your child write their name.

Lowercase Letters



Capital Letters

