Newsletter
8th June 2018
Issue 15
News, information and events from Alexandra Primary

HEALTH, FUN AND FITNESS WEEK

We will soon be having our annual Health, Fun and Fitness Week to help to raise the profile of the benefits of participating in a range of sports and to highlight the benefits of eating healthily as part of a healthy lifestyle.

The children will have opportunities to think about and discuss the physical, social and emotional benefits of participating in different sports—both team sports and individual events.

Health, Fun and Fitness Week is happening during the week **Monday 25th June—Friday 29th June.**

During this week the children will be encouraged to run a mile and some year 3 children will participate in a football tournament at another school. Also children will have sporting challenges to undertake at lunchtime and years 4,5 and 6 will have volleyball sessions with a coach, we will promote a No Car Day and have free bike maintenance sessions with Dr. Bike.

Sports Day happens during this week, with the dates as follows:-

- **Nursery** – **Monday 25th** June at school. (9.30am & 2.30pm)
- **Reception** – **Tuesday 26th** June at Wood Green Common (9.30-11.30am)
- **Key Stage 2** – **Thursday 28th** June at Wood Green Common (9.30-12.30pm)
- **Key Stage 1 – Friday 29th** June at Wood Green Common (9.30-12.00pm)

WE ARE A HEALTHY SCHOOL

As a healthy school we want to try and encourage all our children to be active and to lead healthy lives. We endeavour to give children as many opportunities to foster a healthy approach to life, both physically and mentally. All children should be active for a minimum of 60 minutes every day.

Being active is not only incredibly important for a child's physical well-being, activity also helps children to maintain focus during classroom lessons, relax and have fun. We also want to encourage children to make healthy food choices, to inspire them and teach them to eat healthily and to have a balanced diet.

What we do at school to help create healthy lifestyles:- all children have 2 P.E lessons a week; sporting after school clubs; activities in the playground designed to encourage children to be active; active lessons used to deliver other curriculum areas; only fruit or vegetables as snacks at playtime; dedicated lessons to how to eat and stay healthy; healthy school dinners; Health, Fun and Fitness Week.

Following requests from some parents we are also looking into the possibility of giving children who usually have a **packed lunch** the option of having a **school dinner** on days that they have a particular liking for what is on the menu. We hope that this flexibility will help develop the idea of healthy eating with appropriate portion sizes. We hope to have confirmation of this new initiative n the next newsletter.

SCHOOL WEBSITE

Don't forget to check the school website for regular updates on events, trips, visits and important dates at Alexandra Primary.

Our value of the month is Honesty

INTHIS ISSUE

- Health, Fun and Fitness Week
- We are a Healthy School
- School Website
- Class Assemblies
- Maths No Problem
- Year 2 Trip to the Seaside
- Dates for Your Diary

Alexandra Primary
Western Road
London
N22 6UH
020 8888 9771

CLASS ASSEMBLIES

Class assemblies are on **Friday** morning in the main hall at **9.05**.

The exception to this is on Friday 29th, Chile class will have their class assembly at 3:00 as they have Sports Day that morning.

We only have a few class assemblies left for the remainder of the summer term. It is always a real pleasure to see so many parents and carers who attend the class assemblies. You can see the class assemblies that we have for the remainder of this term in the table to the right.

Date	Class
Friday 15th June	6 El Salvador
Friday 22nd June	2 Colombia
Friday 29th June	**2 Chile (3:00pm)**
Friday 6th July	1 Costa Rica
Friday 13th July	1 Cuba

During the last week of term we will have end of year celebration assemblies as we reflect on the many successes that we have had at Alexandra Primary this year. This will be an opportunity for parents, carers and the school community to celebrate the progress, achievement and attainment of the children over the past year where every child will receive an award in recognition of their work and attitude to learning. Dates for these assemblies will be shared once they are finalised amidst the many events taking place over the next six weeks.

MATHS NO PROBLEM

At a recent workshop run by Ms Payne, parents had the opportunity to see how the Maths No Problem programme works to teach children maths concepts and how to solve problems using key skills and knowledge.

In the next few weeks we will have open mornings where parents are invited into school to see their child being taught maths using the Maths No Problem methodology.

The dates for these **open mornings** are:-

- Years 4,5 & 6, **Wednesday 20th June**
- Years 1,2 & 3, **Wednesday 27th June**

We hope that you are able to come along and see these sessions which will run from **9:10—9:50.**

YEAR 2 TRIP TO THE SEASIDE

Year 2 children are very fortunate to have the opportunity to go on a coach trip to the seaside soon; this trip is linked to their current topic, so it will support and enhance their learning as well as being a fun and enjoyable day out. They will be going to Walton on the Naze on **Thursday 14th June**.

DATES FOR YOUR DIARY

There are a number of events that will be widely advertised on posters, in letters and by text over the coming weeks (also ask your children—they will be an absolute mine of information about events happening in school) that you may wish to add to your diary so you can come along and support.

- Tuesday 12th June Summer Fayre meeting for parents who would like to be involved in the organisation
- Thursday 14th June Year 3 to Wood Green Common
- Wednesday 4th July History Day
- Thursday 5th July Summer Fayre at 3:30
- Friday 6th July **EYFS** Musical Showcase at 9:00
- Friday 6th July **Years 1 & 2** Musical Showcase at 2:00
- Friday 13th July **Years 3 & 4** Musical Showcase at 9:00
- Friday 13th July **Year 5** Musical Showcase at 2:00
- Friday 13th July Parents Open Afternoon including Annual Reports at 2:45
- Tuesday 17th July **EYFS Celebration** and Enabling Enterprise Assembly at 9:00 EYFS hall
- Tuesday 17th July **Year 4 Celebration** and Enabling Enterprise Assembly at 9:00 main hall
- Tuesday 17th July **Year 6 Performance** at 2:00 and 6:00 in the main hall

Best wishes,

Manjit Dulay & John Coggin

Leadership Team

KEY DATES

Summer Term 2018

WC **25th June** Health, Fun and Fitness Week

Friday **13th July** 2:45 –3:30 Parents Open Afternoon (including reports to parents)

Summer Term ends **Friday 20th** July at **2pm**

Autumn Term 2018
Staff INSET **school closed Monday 3rd & Tuesday 4th September**

Return to school Wednesday 5th September

Half term school closed Monday 22nd October—**Friday 26th** October

Autumn Term ends **Friday 21st** December

Alexandra Primary School
Aspire Achieve Enjoy