



## **Lunch Statement**

We consulted with parents, carers and pupils about packed lunches as we were concerned about some of the content. Following on from this, below is the list of foods which are allowed in packed lunches at Alexandra Primary:

<b>Items Allowed</b>
A sandwich, pitta pocket, wrap etc. which must have a healthy filling
A yogurt
A cereal bar or fruit bar (No chocolate content)
A piece of fruit or fruit salad
Carrot sticks, cherry tomatoes, celery etc
Rice or pasta salads
Soup in a flask
Dips and bread sticks
Cheese and crackers
Water or fruit juice

Foods which are not listed above will not be allowed to be eaten in school.

Thank you for your cooperation in this matter.

Manjit Dulay  
Headteacher

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